

# How-To Survival Library



III

**ORDER**

Get This Site On CD-Rom For \$9.95

**ORDER**

[How-To Survival Library I](#) - [How-To Survival Library II](#) - [How-To Survival Library III](#)

Trapped In Someone Else's Frames? [Click Here To Free Yourself](#)

## U.S. Army Survival Field Manual

Notice: This Database is 40 Megs, there are a lot of graphics so some pages may load slow.

### Table Of Content

#### Ch. 1 - Introduction

- [Survival Actions](#)
- [Pattern for Survival](#)

#### Ch. 2 - Psychology of Survival

- [A Look at Stress](#)
- [Natural Reactions](#)
- [Preparing Yourself](#)

#### Ch. 3 - Survival Planning & Kits

- [Importance of Planning](#)
- [Survival Kits](#)

#### Ch. 4 - Basic Survival Medicine

- [Requirements for Maintenance of Health](#)
- [Medical Emergencies](#)
- [Lifesaving Steps](#)
- [Bone and Joint Injury](#)
- [Bites and Stings](#)
- [Wounds](#)
- [Environmental Injuries](#)
- [Herbal Medicines](#)

#### Ch. 13 - Desert Survival

- [Terrain](#)
- [Environmental Factors](#)
- [Need for Water](#)
- [Heat Casualties](#)
- [Precautions](#)
- [Desert Hazards](#)

#### Ch. 14 - Tropical Survival

- [Tropical Weather](#)
- [Jungle Types](#)
- [Travel Through Jungle Areas](#)
- [Immediate Considerations](#)
- [Water Procurement](#)
- [Food](#)
- [Poisonous Plants](#)

#### Ch. 15 - Cold Weather Survival

- [Cold Regions and Locations](#)
- [Wind-Chill](#)
- [Principles of Cold Weather Survival](#)
- [Hygiene](#)

**Ch. 5 - Shelters**

- [Shelter Site Selection](#)
- [Types of Shelters](#)

**Ch. 6 - Water Procurement**

- [Water Sources](#)
- [Still Construction](#)
- [Water Purification](#)
- [Water Filtration Devices](#)

**Ch. 7 - Firecraft**

- [Basic Fire Principles](#)
- [Site Selection and Preparation](#)
- [Fire Material Selection](#)
- [How to Build a Fire](#)
- [How to Light a Fire](#)

**Ch. 8 - Food Procurement**

- [Animals for Food](#)
- [Traps and Snares](#)
- [Killing Devices](#)
- [Fishing Devices](#)
- [Preparation of Fish and Game](#)

**Ch. 9 - Survival Use of Plants**

- [Edibility of Plants](#)
- [Plants for Medicine](#)

**Ch. 10 - Poisonous Plants**

- [How Plants Poison](#)
- [All About Plants](#)
- [Rules for Avoiding Poisonous Plants](#)
- [Contact Dermatitis](#)
- [Ingestion Poisoning](#)

**Ch. 11 - Dangerous Animals**

- [Insects and Arachnids](#)
- [Leeches](#)
- [Bats](#)

- [Medical Aspects](#)

- [Cold Injuries](#)

- [Shelters](#)

- [Fire](#)

- [Water](#)

- [Food](#)

- [Travel](#)

- [Weather Signs](#)

**Ch. 16 - Sea Survival**

- [The Open Sea](#)

- [Seashores](#)

**Ch. 17 - Expedient Water Crossings**

- [Rivers and Streams](#)

- [Rapids](#)

- [Rafts](#)

- [Flotation Devices](#)

- [Other Water Obstacles](#)

- [Vegetation Obstacles](#)

**Ch. 18 - Expedient Direction Finding**

- [Using the Sun and Shadows](#)

- [Using the Moon](#)

- [Using the Stars](#)

- [Making Improvised Compasses](#)

- [Other Means of Determining Direction](#)

**Ch. 19 - Signaling Techniques**

- [Application](#)

- [Means for Signaling](#)

- [Codes and Signals](#)

- [Aircraft Vectoring Procedures](#)

**Ch. 20 - Movement in Hostile Areas**

- [Phases of Planning](#)

- [Execution](#)

- [Return to Friendly Control](#)

**Ch. 21 - Camouflage**

- [Poisonous Snakes](#)
- [Dangerous Lizards](#)
- [Dangers in Rivers](#)
- [Dangers in Bays and Estuaries](#)
- [Saltwater Dangers](#)

### **Ch. 12 - Expedient Tools & Equipment**

- [Clubs](#)
- [Edged Weapons](#)
- [Other Expedient Weapons](#)
- [Lashing and Cordage](#)
- [Rucksack Construction](#)
- [Clothing and Insulation](#)
- [Cooking and Eating Utensils](#)

- [Personal Camouflage](#)
- [Methods of Stalking](#)

### **Ch. 22 - Contact With People**

- [Contact With Local People](#)
- [The Survivor's Behavior](#)
- [Changes to Political Allegiance](#)

### **Ch. 23 - Survival in Man-Made Hazards**

- [The Nuclear Environment](#)
- [Biological Environments](#)
- [Chemical Environments](#)

### **Preface- To This Manual**

## **Appendix**

- [A - Survival Kits](#)
- [B - Edible and Medicinal Plants](#)
- [C - Poisonous Plants](#)
- [D - Dangerous Insects and Arachnids](#)
- [E - Poisonous Snakes and Lizards](#)
- [F - Dangerous Fish and Mollusks](#)
- [G - Clouds: Foretellers of Weather](#)
- [H - Contingency Plan of Action Format](#)
- [Glossary](#)
- [Authorization Letter](#)

[Millennium Clock](#) | [Y2K News Updates](#) | [Y2K Links](#) | [Discussion Forums](#)



**Cd-Rom  
Offer!**

If you would like to submit an article for posting here please [email](#).

### *Webpage Design*

*Copyright © 1998 Lucas Designs. All rights reserved.*

**INFO DISTRIBUTION RESTRICTION:  
Approved For Public Release**

 **Visitors Since July 1999**

**FIELD MANUAL  
21-76  
HEADQUARTERS  
DEPARTMENT OF THE ARMY  
Washington, DC, 5 June 1992**